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Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Todays Date \_\_\_\_\_

**Consent for Medical Care**

I hereby consent to medical care for myself or as the guardian of the above named patient at Peak Health Family Medicine. I authorize my medical provider to provide the treatment deemed necessary for the benefit of the patient including but not limited to diagnostic testing, medications, and/or other therapeutic modalities. I am aware that the practice of medicine is not an exact science and I acknowledge that no guarantees have been made as to the result of treatments or examinations. I have read this consent and voluntarily certify that I understand and agree to its content.

**Authorization to Release Medical Information and Assign Insurance Benefits**

I hereby give authorization for payment of insurance benefits to be made directly to Peak Health Family Medicine, and any assisting medical providers for services rendered. Peak Health Family Medicine and its medical providers are authorized to release any medical information required in the processing of applications for financial coverage. I permit a copy of this authorization to be used in place of the original. I certify that the information given by me in applying for payment is correct. I authorize benefits be made in my behalf.

I guarantee payment of all charges on this patient/guarantor account and assign to the medical providers any and all benefits relating to this patient/guarantor account whether insured or self-funded. I further assign the proceeds of all claims, resulting from or relating to the financial liability of this account made by a third party: any person, employer or insurance company on behalf of this account, unless the account is paid in full upon discharge. If eligible for Medicare, I request Medicare services and benefits. I understand I am responsible for any charges not covered by insurance or other form of health benefit.

It is my responsibility, and not Peak Health Family Medicine, to be knowledgeable of my medical insurance benefits, deductibles, copays and coinsurance.

Personal Medical Records requested for by patients for personal use will be charged a fee. Medical Records requested by another healthcare facility or provider are released free of charge once release consent is signed.

**No Show Fee/Showing up Late**

Please give us 24 hours advanced notice if you cannot make it to your scheduled appointment. If you do not inform us of your inability to come to your scheduled appointment, we will charge a \$50.00 no-show fee for a 20 minute scheduled appointment and a \$100.00 no-show fee for a 40 minute scheduled appointment. In addition, I understand that if I show up late to my appointment, I may have to reschedule to the next available appointment because we value your time as well as the rest of our patients' time.



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### **Prescription Medications**

I will give Peak Health Family Medicine a minimum of 48 business hours to refill Rx medication. I understand I should call my pharmacy for all refill request. I recognize it is my responsibility to call my pharmacy to discontinue auto re-fill and it is not the responsibility of Peak Health Family Medicine.

### **Phone Calls**

We encourage patients to call with questions, but please understand we do not treat medical conditions over the phone since this is medically inappropriate and can result in misdiagnosis and/or inadequate care. Therefore, we prefer you schedule an appointment with a medical provider for proper care and treatment. For after-hours medical emergencies, we do have an on call medical provider who can determine whether or not you need to go to Emergency Department or wait to be seen in clinic.

### **Personal Liability**

I understand that I am personally responsible for the charges resulting from care and treatment. Any payment received by Peak Health Family Medicine as a result of the above Authorization for Release of Medical Information and Assignment of Insurance Benefits will be credited toward my patient/guarantor account and I will be personally liable for any and all remaining balances on the account.

I further understand that if the third party payor denies benefits or fails to make payment within 30 days of submission, I will be personally responsible for the entire balance on the account.

### **Privacy Notice**

I have been provided the opportunity to receive a copy of the "Notice of Privacy Practices" that explains when, where, and why my confidential health information may be used or shared.

I agree that a photocopy or digital image of this agreement shall be as valid as the original.

**Print Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Preferred Pharmacy:** \_\_\_\_\_

**Pharmacy Address:** \_\_\_\_\_

**Pharmacy Phone:** \_\_\_\_\_



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## Medical Information Release Form (HIPAA Release Form)

Patient Name: \_\_\_\_\_ DOB \_\_\_\_\_

### Release of Information

I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

Spouse \_\_\_\_\_ Phone: \_\_\_\_\_

Child(ren) \_\_\_\_\_ Phone: \_\_\_\_\_

Other \_\_\_\_\_ Phone: \_\_\_\_\_

Information is not to be released to anyone.

This Release of Information will remain in effect until terminated by me in writing.

### Notice of Privacy Practices

*A copy of Peak Health Family Medicine's (PHFM) Notice of Privacy Practices (NPP) is available to you if requested.*

Please check one of the following boxes below:

I have been provided a copy of PHFM's NPP today, upon my request (please see our receptionist and he/she will promptly provide you with a copy)

I will not take a copy of PHFM's NPP today but am aware that it is posted clearly at the front desk and online for review, and is available to me if I request a copy in the future.

### Messages

Please call  my home  my work  my cell Number: \_\_\_\_\_

If unable to reach me:

you may leave a detailed message

please leave a message asking me to return your call

\_\_\_\_\_

It is best to reach me: (day) \_\_\_\_\_ between (time) \_\_\_\_\_

**Is it okay to email or send a text message as a reminder for any future appointments?**

Yes: \_\_\_\_\_

No: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Patient Medical History Form

NAME: \_\_\_\_\_ Date \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

RACE: \_\_\_\_\_ ETHNICITY: \_\_\_\_\_ PREFERRED LANGUAGE: \_\_\_\_\_

REASON FOR TODAY'S VISIT: \_\_\_\_\_

ALLERGIES and/or REACTIONS TO MEDICINES: \_\_\_\_\_

CURRENT MEDICATIONS: Prescription, non-prescription medicines, and vitamins.

Medication Dose (e.g. mg/pill) how many times/day when started? Please check the Aspirin.

ASPIRIN USAGE: Daily \_\_\_\_\_ Dosage: 81mg or 325mg? \_\_\_\_\_ Occasional \_\_\_\_\_ Never \_\_\_\_\_

PERSONAL MEDICAL HISTORY: Do you or have you had any of these problems?

| Yes | Date | MEDICAL PROBLEM   | Yes | Date | MEDICAL PROBLEM                        |
|-----|------|---|-----|------|--|
|     |      | High Blood Pressure   |     |      | Kidney Stones                          |
|     |      | High Cholesterol  |     |      | Urinary Tract Infection (recurrent)    |
|     |      | Diabetes Type 1   |     |      | Fracture which bones? _____            |
|     |      | Diabetes Type 2   |     |      | Arthritis Rheumatoid? Yes/No           |
|     |      | Irregular Heartbeat   |     |      | Gout                                   |
|     |      | Heart Attack  |     |      | Breast Disease (non-cancerous)         |
|     |      | Heart Murmur  |     |      | Thyroid Disease type? _____            |
|     |      | Congestive Heart Failure  |     |      | STDs type? _____                       |
|     |      | Stroke  |     |      | HIV                                    |
|     |      | Asthma  |     |      | Blood Clot/Pulmonary Embolus           |
|     |      | Emphysema/COPD  |     |      | Blood Transfusion                      |
|     |      | Pneumonia   |     |      | Anemia                                 |
|     |      | Sleep Apnea<br>(date of last sleep study _____)<br>CPAP / BiPAP / O2 (circle) |     |      | Bleeding Disorder type? _____          |
|     |      | Stomach Ulcer   |     |      | Allergies Seasonal/Year-Round          |
|     |      | Gall Stones   |     |      | Skin Disease type? _____               |
|     |      | Liver Disease/Hepatitis Type? ____  |     |      | Cancer, Type _____                     |
|     |      | Hemorrhoids   |     |      | Dementia                               |
|     |      | Ulcerative Colitis/Crohn's  |     |      | Depression/Anxiety (circle applicable) |
|     |      | GERD/Heartburn  |     |      | Insomnia                               |
|     |      | Chronic Pain<br>location _____  |     |      | Other _____                            |

Specialists: Please list any specialists and their office information

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**FAMILY MEDICAL HISTORY** (List Medical Conditions ex: diabetes, high blood pressure, etc.):

Father: \_\_\_\_\_ Mother: \_\_\_\_\_  
Paternal Grandfather: \_\_\_\_\_ Maternal Grandfather: \_\_\_\_\_  
Paternal Grandmother: \_\_\_\_\_ Maternal Grandmother: \_\_\_\_\_  
Brother: \_\_\_\_\_ Sister: \_\_\_\_\_

**LIST ANY SURGERIES:** (reason and date)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**LIST ANY HOSPITALIZATIONS:** (reason and date):

\_\_\_\_\_  
\_\_\_\_\_

**Do you have advanced directives (“living will”)?** Yes / No (circle)

**WOMEN’S GYNECOLOGICAL HISTORY:**

Contraceptive Method: \_\_\_\_\_ Age of first period: \_\_\_\_\_  
# of Pregnancies \_\_\_\_\_ # of Deliveries \_\_\_\_\_ # of Abortions \_\_\_\_\_ # of Miscarriages \_\_\_\_\_  
Menopausal: No / Yes . If yes, what age? \_\_\_\_\_  
Last PAP smear \_\_\_\_\_ History of Abnormal PAP smear? Yes / No  
Last mammogram \_\_\_\_\_ History of Abnormal mammogram? Yes / No

**HEALTH MAINTENANCE:** When were your most recent screening tests?

PSA (Prostate cancer screen) (date) \_\_\_\_\_ Results? \_\_\_\_\_  
Colonoscopy (date) \_\_\_\_\_ Results? \_\_\_\_\_  
CIMT (Carotid Ultrasound) (date) \_\_\_\_\_ Results? \_\_\_\_\_  
AAA (Abdominal Aorta Aneurysm ultra sound) (date) \_\_\_\_\_ Results? \_\_\_\_\_

**IMMUNIZATIONS:** Please indicate the date of your most recent:

Tetanus(date) \_\_\_\_\_ Influenza(date) \_\_\_\_\_ Zostavax (date) \_\_\_\_\_  
Pneumovax (Pneumonia) (date) \_\_\_\_\_ Prevnar13 (Pneumonia) (date) \_\_\_\_\_

**SOCIAL HISTORY:** Tobacco Use (please circle one): Never Cigarettes Quit Date \_\_\_\_\_

Current Smoker: packs/day \_\_\_\_\_ # of years: \_\_\_\_\_ Interested in quitting? Yes / No

Other Tobacco: Pipe Cigar Chew

Alcohol Use: Do you drink alcohol? No / Yes, # of drinks/week \_\_\_\_\_

Is alcohol use a concern for you or others? No / Yes

Illicit Drug use? No / Yes, Name/s of Drugs \_\_\_\_\_

**SOCIOECONOMICS:**

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Marital Status: S M D W Other: \_\_\_\_\_ Spouse/Partner’s name: \_\_\_\_\_

Children(s) Name(s): \_\_\_\_\_

**EXERCISE:** Do you exercise regularly? No / Yes, What kind of Exercise?

How long? (minutes) \_\_\_\_\_ How often? \_\_\_\_\_



|                                     |        |
|-------------------------------------|--------|
| Patient Name (First, Middle, Last): | DOB:   |
| Address:                            | Phone: |

**This Authorization applies to the following Information:**

**All Information;** I understand that the information may contain psychiatric/psychological, alcohol/drug abuse, and/or AIDS/HIV information and I expressly consent to the release of the information.

**Only** the following records or types of Information:

- Office Visits                       Labs                                       ETOH/substance abuse record  
 HIV/STD records                       Radiology                                       Other (Please specify)  
 Mental Health record                       EKG, Spirometry

Treatment Dates: from (month/date/year): \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_

|  |  |
|--|--|
| Previous Medical Provider and Address:   | Phone:                                       |
|  | Fax:   |
| <b>Disclose Information to:</b>  |  |
| <b>Peak Health Family Medicine<br/>10901 W. Toller Drive Ste 100<br/>Littleton, CO 80127</b> | Phone: 303-973-3529<br><br>Fax: 303-973-3549 |

**Purpose of the release:**

**Change** of Primary Care Provider  **Other (Please specify):** \_\_\_\_\_

This authorization ends:  on (date) \_\_\_\_\_ If no date is specified, this authorization will end after 180 days from date of signature.

I understand the information in my health record may include information relating to sexually transmitted disease, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV), behavioral or mental health services, or treatment for alcohol and drug abuse. I understand authorizing the disclosure of this health information is voluntary. I can refuse to sign this authorization. I need not sign this form in order to assure treatment. I understand I may inspect or obtain copies of the information to be used or disclosed, as provided in 45 CFR 164.524. I understand any disclosure of information carries with it the potential for an unauthorized disclosure and the information may not be protected by federal confidentiality rules. If I have questions about disclosure of my health information I can contact Peak Health Family Medicine.

I may revoke this authorization in writing. If I do, it will not affect any actions already taken by Peak Health Family Medicine based upon this authorization. I may not be able to revoke this authorization if its purpose was to obtain insurance.

\_\_\_\_\_  
**Signature** of Patient/Legal Guardian

\_\_\_\_\_  
**Printed Name** of Patient/Legal Guardian

\_\_\_\_\_  
**Date**